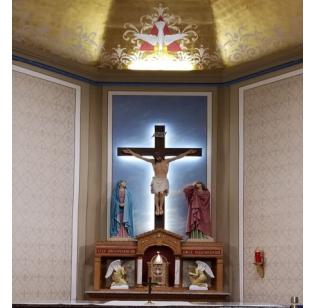


**CHURCH OF
THE ASCENSION**
323 Reform St. N.
NYA, MN. 55368



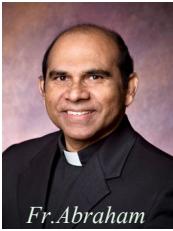
PASTOR
Fr. Abraham Kochupurackal CMI
OFFICE952-856-1050
frabraham@st-bernard-cologne.org

**ST. BERNARD
CHURCH**
212 Church Street E.
Cologne, MN. 55322



Sixteenth Sunday in Ordinary Time - July 17, 2022

Balanced Life of Prayer and Work



Dear Brothers and Sisters,

Luke's gospel (10: 38-42) presents the story of two sisters, Martha and Mary. Martha is busy with the work of preparing food for Jesus. She is the model hostess, making sure everything is ready and perfect. Mary sits at the feet of Jesus, a model disciple, gratefully taking in every word from Jesus' mouth. Mary is more interested in knowing the Lord. Martha, beginning to feel overwhelmed, wonders why Mary is just sitting there and not helping her get dinner ready. And so, Jesus says, "Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her." Jesus did not intend to put down Martha and her activity, but rather to show that hearing the word of God is the foundation of all action.

Jesus called his apostles for dual purposes: "To be with him, and to be sent out to proclaim the message." (Mark 3:14). It is an invitation to be with the Lord, to know him, to be nourished by his word and, to do the Lord's work, to serve the Lord in others. Prayer and actions must be continuous and mutually dependent. Prayer without action is sterile, and action without prayer is empty. We are expected to be "contemplative in action" because only those who listen carefully to the Word of God know how to serve in the way that God wants.

Martha has become a symbol of action-oriented, responsible people who get the job done. Mary can't pray in the Church unless a Martha opened the Church. Our world and our parish churches need such dynamic and generous men, women, boys and girls who get the job done. We need them to sing in the choir, to help in the church, to teach the catechism, to visit the sick and in all other ministries of the parish community. Presenting Martha as a dynamo of action and Mary as a true listener to the word of God, the gospel challenges us to combine the listening spirit of Mary with the service spirit of Martha in our Christian lives.

We should put aside the work we do, and just spend some time every day being with God talking to Him and listening to Him. We may do the recharging of our spiritual energy by our personal and family prayers, by the meditative reading of the Bible and by participating in the celebration of the Holy Mass. The Martha and Mary episode teaches us the need for balance between work and prayer. The story is not to invite us to choose between being a Martha or Mary. The true disciple needs to be both Martha and Mary. We are able to minister truly to the needs of others only after hosting God's words in our hearts and minds.

A Holy Hour before the Blessed sacrament gives us the opportunity to listen and to honor our Lord Jesus as Mary and Martha did. We join our own prayers, works, joys, and sorrows with His. Spending time with the Lord before his Real Presence is a privileged opportunity for us.

Praying Rosary twenty minutes before every weekend Mass with special intentions. You are welcome to join us.

Rosary Intention: 'For all Priests, Consecrated men and women from Ascension and St Bernard parishes.'

Yours in Christ, Fr. Abraham Kochupurackal CMI, Pastor

Church of Ascension Norwood Young America, MN



CALENDAR FOR ASCENSION AND ST. BERNARDS' PARISHES

Sat.-Sun. July 16 & 17 "Linger Longer" refreshments served in the narthex after Mass at St. Bernard.

Volunteers Needed!! Fr. Telesphore, a missionary priest from the Diocese of Nyundo, Rwanda, will be here July 30-31 representing the Missionary Cooperation Appeal program this year. We are seeking volunteers to assist with transportation to and from the airport on July 29th and August 1st, to get Father to and from Cologne for Sunday's 10:00am Mass. We are also looking for someone to coordinate activities for Father Telesphore on Friday, Saturday morning and Sunday afternoon. Please contact the parish office (952-467-3351 or 952-466-2031) if you would like to help with any of these activities.

Rachel's Vineyard: Healing After Abortion Retreat

August 5-7, Prior Lake . If you or someone you love is grieving the loss of a child to abortion, come and experience the healing mercy of Jesus Christ on our confidential weekend retreat. For more information contact us at rachels@rvineyardmn.org, call or text 763.250.9313 or see rvineyardmn.org.

Confirmation Classes for Persons with Disabilities

August 6 and 20, 9:30-11:30 a.m., Saint Richard Catholic Church, Richfield. Both the August 6 and August 20 classes are mandatory for guardians and candidates. Registration forms will be available at 8:30 a.m. prior to the first class on August 6. The Annual Mass for Persons with Disabilities will be held in September 2022. To register or if you have any further questions, please contact: Deacon Eric Gunderson or Sonya Flomo at 651.291.4488 or flosmos@archspm.org.

Helping Priests Who've Helped Us

Did you know there's a home for retired priests of the Archdiocese? There is and you have an opportunity to share your gratitude by supporting the men who've ministered to you and your family for many decades. The **Leo C. Byrne Residence** offers 29 individual apartments for priests who have reached retirement age, most of whom continue to actively serve parishes and organizations around the Archdiocese.

The **GRATITUDE Capital Campaign Renovation Project** (coordinated by the Catholic Community Foundation) will fund work required to bring the entire Byrne Residence to a level of security and efficiency suitable for the safety and well-being of each resident priest.

We ask for your support of this much needed renovation.

Make your check payable to: CCF / Byrne Residence

Mail to: CCF / Byrne Residence Renovation Fund Court West Suite 500 2610 University Ave W St. Paul, MN 55114 (Donation envelopes can be found in the entry at Ascension and the narthex at St. Bernard.) To donate online, visit the CCF website: www.CCF-MN.org/ByrneResidence

Word of Life —“Because of our belief and hope in the Resurrection, we can face death not with fear, but with preparation.... We prepare for eternal life by choosing to love and follow God now, in our daily lives and decisions.” Read more at www.respectlife.org/end-of-life-considerations. USCCB Secretariat of Pro-Life Activities; “Catholic Considerations for Our Earthly Passing”

The only true freedom, the only freedom that can truly satisfy, is the freedom to do what we ought as human beings created by God according to his plan. It is the freedom to live the truth of what we are and who we are before God, the truth of our identity as children of God, as brothers and sisters in common humanity. — *Pope St. John Paul II*

Church of St. Bernard

Cologne, MN



Maintenance /“handy-person” needed. St. Bernard is looking to hire a part-time maintenance/handy-person to perform routine maintenance in all buildings, as well as cleaning in the school building and to be backup to our lawn mowing volunteers. We anticipate approximately 40 hrs per month with starting wage of \$15.00/hr. Please contact the parish office (952-466-2031) if you are interested.

Glad Days in Cologne is celebrating its 21th year in 2022-- July 29, & 30. Our parish will be there—so come and check it out! Our booth is up at City Square Park; usually we are right by the water tower. We will have a Farmer’s Market and the soft serve ice cream booth. We hope to see you there. There are three ways to be involved. **Donate bake sale items** or other farmer’s market items Plastic Containers (3 different sizes) for your baked goods are available in the kitchen of the narthex. **Lend a hand at our booth.** And/or **stop by for an ice cream sundae.** Contact Julie Kleindl if you can help out. You can call/text/email to let me know when you can help. 952-807-3522 or julie.kleindl@gmail.com St Bernard Catholic United Financial is not having the Rummage Sale, so that is why we have again combined the ice cream booth and the Farmer’s Market this year. See the flyer in last week’s bulletin for all the details.

We must regain the conviction that we need one another, that we have a shared responsibility of others ad the world, and that being good and decent are worth it.

-Pope Francis, Laudato Si'; On the Care of Our Common Home

Come to our **“Care of our Common Home” Retreat**, to be held at St. Bernard on September 17th 10:00am—6:00 pm., 5:00 pm. Mass included in the retreat.



“Our families need to ask for the gift of the Spirit! Through prayer, even in the busiest times, we give time back to God, we find the peace that comes from appreciating the important things, and we encounter the joy of God’s unexpected gifts. Through daily prayer may our homes become, like the house of

Martha and Mary, places where Jesus always finds a warm welcome (Pope Francis).” While it is necessary to attend to the details of hospitality, learning how to be present to people, experiences, and God is sometimes more important. Creating homes that are welcoming environments requires not only organization and structure but members who truly enjoy being there and celebrating life with one another.

Details can often get the best of us. While attending to details is important to success, our obsession with them can be problematic. Whether wanting to make a good impression, fear of failure, insecurity, or emotional immaturity, throwing ourselves into the “details” of hospitality can distract us from being present to those we want to serve. Conversely, focusing exclusively on being present without any attention to detail also sets our attempts at hospitality up for disaster! We need a balance of both. But creating a truly welcoming space in our homes and within ourselves requires still more.

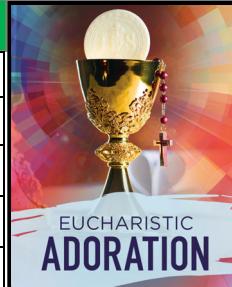
We have to be empty of ourselves. Becoming a welcoming, hospitable person is not possible in someone focused on their own needs and desires. If the one we serve is the one who looks back at us in the mirror, then there is no space for anyone else. While Martha and Mary had different ideas of what it means to serve, they both had the inner space and freedom to do so. They were detached from themselves. Detachment becomes the challenge to hospitality and creating a God-centered, open-hearted space in our lives. When we impulsively act out of our personal agendas, violence, abuse, pride, greed, lust, power, control, passion, and self-aggrandizement encroach upon the space needed to be present to another human being. Not only can others not find a home in us, but even God cannot find a home in us! ©LPI

Mass Ministry Schedule - July 23—24

Mass Ministry	Ascension Sat. 5:00pm	Ascension Sun. 8:00am	St. Bernard Sun. 10:00am
Sacristan	Ann Dettmann	Brian Willems	Lori Kasel
Servers	Jacob Johnson & Lucas Johnson	Brianna Duenow & Nathan Duenow	Lexy Allison & Buckley Jones
Reader	Darlene Mondor	Cheryl Coyle	Tom Kasel
EMHC	Jean Schmitz	Steve Coyle	Vicki Arnst
Ushers	Gary Widmer & Curt Wilson	Jeremy Friendshuh & Paul Lano	Bob Symanitz & Brian Vos
Greeters	Sue Schultz	Grace Cook	Casey Jones & Julie Kleindl
Homebound Ministers	N/A	Grp A Stim George & Steve Helget Grp B Paul & Corrine Prososki	N/A

Mass Times/Intentions

Monday	July 18	No Mass	
Tuesday	July 19 6:15 pm	Ascension	For an end to war in the world
Wednesday	July 20 8:00 am	St. Bernard	Stanley Guettler †
Thursday	July 21 8:00 am	St. Bernard	Elvira Winkler †
Friday	July 22 8:00 am	Ascension	Patricia Prchal†
Saturday	July 23 5:00 pm	Ascension	All Parishioners
Sunday	July 24 8:00 am	Ascension	For the Unborn
Sunday	July 24 10:00 am	St. Bernard	Marcy Wickenhauser †



Eucharistic Adoration

Ascension
Every Tuesday
3:00 pm until 6:00 pm
St. Bernard
Every Wednesday
2:00 until 7:00 pm

SACRAMENTS

Baptisms: By appointment.

Marriage Arrangements

The couple should contact the priest as soon as they become engaged. They must meet with the priest twice before setting a marriage date. These two meetings need to be completed 6 months before the proposed date.

Sacrament of Reconciliation

Ascension: Tues. 5:45pm - 6:05pm
St. Bernard: Wed: 7:30am-7:50am
Saturday: 4:30pm—4:50pm
at parish hosting the Mass

By appointment with Father- Call 952-856-1050

Communion for Homebound

Ascension - Sue Tellers.....612-247-6881
St. Bernard - Barb Knorr.....952-484-9628

Anointing of the Sick

Call the parish office at any time.

SCRIPTURE READINGS for the week of July 17, 2022

Sunday: Gn 18:1-10a/Ps 15:2-3, 3-4, 5 [1a]/Col 1:24-28/Lk 10:38-42 **Monday:** Mi 6:1-4, 6-8/Ps 50:5-6, 8-9, 16bc-17, 21 and 23/Mt 12:38-42 **Tuesday:** Mi 7:14-15, 18-20/Ps 85:2-4, 5-6, 7-8/Mt 12:46-50 **Wednesday:** Jer 1:1, 4-10/Ps 71:1-2, 3-4a, 5-6ab, 15 and 17/Mt 13:1-9 **Thursday:** Jer 2:1-3, 7-8, 12-13/Ps 36:6-7ab, 8-9, 10-11/Mt 13:10-17 **Friday:** Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9/Jn 20:1-2, 11-18 **Saturday:** Jer 7:1-11/Ps 84:3, 4, 5-6a and 8a, 11/Mt 13:24-30 **Next Sunday:** Gn 18:20-32/Ps 138:1-2, 2-3, 6-7, 7-8 [3a]/Col 2:12-14/Lk 11:1-13

**Bulletin copy is due by Thursdays @ NOON
for the bulletin two weekends
out;**

St. Bernard copy must be emailed to:
bulletin@st-bernard-cologne.org
and pquinn55322@hotmail.com
Ascension copy must be emailed to:
busadmin@ascensionnya.org
All inserts and weekend Mass announcements can be emailed or a paper copy brought to the Parish office at St. Bernard or Ascension.

St. Bernard Stewardship of Treasure

Budget for week	3,015.75
Contributions 07-01 through 7-05--2022	1,658.92
Total Actual Collection YTD	1,658.92
Total Actual Collection Over (Under) Budget	(1,356.83)
Forward in Faith	
Envelope Income	170.00
Electronic Donations	165.50
Forward in Faith Total	335.50
Forward in Faith YTD	335.50
Peter's Pence Collection	335.50

Did you know you can have your contributions automatically deducted from your checking or savings account?
For more information call the parish office 952-466-2031, or visit www.st-bernard-cologne.org

Ascension Weekly Collection Report Totals as of 7/3/2022

Weekly Operating Budget:	\$ 2,942.31
Weekly Envelopes/Plate:	813.50
Weekly E-Giving:	0.00
Collections Budget YTD:	813.50
Actual Collection YTD:	
Total Collected Over (Under) YTD:	(2,128.81)

Capital Improvement Offering:	150.00
Capital Improvement-E-Giving:	0.00
Capital Improvement YTD:	150.00

Sign up for electronic giving at ascensionnya.org
Under Links -> E-giving. Or call the parish office for
more Information: 952-467-3351.