

# CHURCH OF THE ASCENSION

323 Reform St. N.  
NYA, MN. 55368

## PASTOR

Fr. Abraham Kochupurackal CMI

OFFICE .....952-856-1050  
frabraham@st-bernard-cologne.org

# ST. BERNARD CHURCH

212 Church Street E.  
Cologne, MN. 55322

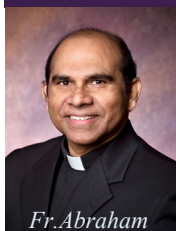


**Website:** AscensionNYA.org  
**Parish Office Hours:**  
Mon.—Wed & Fri. 9am—2pm  
**Office Phone:** 952-467-3351  
**Business Administrator:**  
Sherry Witte.....952-777-0110  
busadmin@ascensionnya.org  
**Safe Environment Coordinator:**  
Sarah Smith....952-777-0111  
bookkeeper@ascensionnya.org

**Website:** St-Bernard-Cologne.org  
**Parish Office Hours:**  
Tues—Fri. 9am—2pm  
**Office Phone:** 952-466-2031  
**Business Administrator:**  
Sherry Witte.....952-856-1051  
busadmin@st-bernard-cologne.org  
**Safe Environment Coordinator:**  
Sarah Smith....952-856-1052  
bookkeeper@st-bernard-cologne.org



## The Third Sunday In Lent - March 20, 2022



Fr. Abraham

### How to Make a Holy Hour

Dear Sisters and Brothers,

The Church teaches that as the Eucharistic sacrifice is the source and summit of the whole Christian life, devotion both public and private, to the Blessed Sacrament is strongly recommended. Eucharistic adoration is a devotion wherein one spends time in adoration and prayer in the presence of the Blessed Sacrament. One may spend time in the presence of the Blessed Sacrament while the Eucharist is exposed in a monstrance (Exposition) or one may pray in the presence of the Eucharist while in the tabernacle. As this devotion of adoration has a venerable standing in the life and history of the Church, its practice was upheld and even encouraged at the Second Vatican Council. The Church has taught that Eucharistic adoration naturally flows from the Mass and thus should always remain ordered to the Mass.

**Pope Benedict XVI** teaches, “Adoration means entering the depths of our hearts in communion with the Lord, who makes Himself bodily present in the Eucharist. In the monstrance, He always entrusts Himself to us and asks us to be united with His presence, with His risen Body.”

The Church prescribes as an appropriate sign of reverence, genuflection on one knee whether it be reserved in the tabernacle or exposed for public adoration. The Church asks that during Exposition of the Blessed Sacrament there always be at least one person present in the chapel.

There are five kinds of prayer most appropriate in the presence of the Eucharist, namely, **adoration, praise, thanksgiving, trusting intercession, and repentance**. These kinds of prayer can be said through the following ways: Meditative way of reading the Scripture (Lectio Divina), speak to Jesus in adoration and praise; pray the Liturgy of the Hours, pray the Rosary; ask for forgiveness and pray intercessions; read the life of saints and pray with them; quietly be in the presence of the Lord and to listen to Him; recite the ‘Jesus prayer’ - *“Jesus Son of Living God, have mercy on me, a sinner”*. Say repeatedly this prayer in the quiet of your heart. These are some of the suggestions to make your Holy Hour fruitful and joyful.

A Holy Hour can be summed up in a simple story: A visitor to a Catholic church noticed an old man just sitting in the back of the church with his eyes on the tabernacle. After some time, the curious the visitor asked the old man, “What are you doing?” the man replied, “I look at Him, and He looks at me.”

A perfectly good Holy Hour can be made simply by sitting in the presence of God. Place yourself in front of the tabernacle or monstrance, and “Be still and know that I am God.” (Psalm 46:11). Just you and Jesus, are sitting in each other’s presence and listen Jesus voice.

Each moment that you spend with Jesus in His Eucharistic presence will deepen His Divine Peace in your heart and your personal relationship with Him. “Come to me, all you who labor and are burdened and I will give you rest” (Mt. 11: 28). “Do not worry about your life...” (Mt.6:25). “My peace I give to you.” (Jn. 14:27).

Some of you have already signed up for the Eucharistic Adoration. I invite the members of the different committees, councils and organizations to sign up for this spiritual experience. Even if you can not commit a particular hour, you are welcome to join us for Eucharistic adoration at any time.

Yours in Christ, Fr. Abraham Kochupurackal CMI Pastor



**CALENDAR FOR ASCENSION AND ST. BERNARDS' PARISHES**

Sat Mar 19 After 5:00pm Mass "Linger Longer" @ StB  
 Sun Mar 20 After 10:00am Mass "Linger Longer" @ StB  
 Fri Mar 25 6:00pm Stations of the Cross @ Asc  
 Thu Mar 31 7:00pm Finance Council @StB  
 Fri Apr 1 6:00pm Stations of the Cross @ Asc

The **Ascension Knights of Columbus** would like to say **Thank You, Thank You!** for helping make the Fish Fry a HUGE success! We served over 1200 drive thru meals—almost ran out of fish! A special thank you to all of the volunteers who brought cookies, helped package the 'cold food' bags, were go-fers, and helped in the serving trailer. We greatly appreciate everyone's help in making everything run so smoothly and contributing to such a successful outcome.

**The Passion of Jesus in Music, Word & Light**

March 25 & 26 at 8:00pm at Saint Mark's Church  
 4th Avenue & Atwood Street, Shakopee  
 Musical prelude at 7:40pm  
 Back for the first time since 2019!  
 Admission is Free.  
*ShakopeePassionPlay.org*  
 CDC encourages the wearing of masks.

**Shipping & Inventory Issues—Cathedral Corp.**

Our contribution envelope vendor, Cathedral Corporation, has let us know that they are having supply issues with some of the inventory they need to produce our envelopes. So when you receive your envelopes, they may look different—they may be the dollar bill size instead of the self-mailers we normally get. There have also been delivery issues with the USPS (post office). Be aware that Cathedral is actively working these issues and apologize for these difficulties. If you experience any issues, please contact either parish office and we will try to rectify them. Thank you for your patience.

**March is Food Shelf month at Ascension.**

Donations can be left in the basket in the church entry and will be delivered to the West Carver Food Shelf. All items will be appreciated.

**St Bernard's Parish** has been given the opportunity to assist with the Fish Fry at St Joseph's Catholic Church in Waconia on Friday April 8th, please sign up at:

<https://www.signupgenius.com/go/60b0f4da4a922a57-fish> to help out

**The Knights of Columbus** will have a fish fry each Friday during Lent serving 4:30-7pm at St Joseph School, cost is \$14 per adult, 6-12 \$7, under 6 free, \$50 max per family. Please support them by attending and working at the April 8th Fish Fry. Questions contact [Monica@kooiman2010.com](mailto:Monica@kooiman2010.com) or 952-466-5769

"For it is not earthly riches which make us happy; for they must either be lost by us in our lifetime, or be possessed when we are dead, by whom we know not, or perhaps by whom we would not. But, it is God who makes us happy, who is the true riches." - *St Augustine*



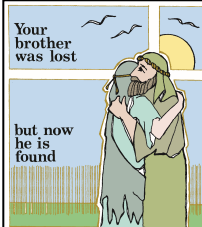
**Lenten Services**  
**Stations of the Cross**  
 Friday's 6:00 pm  
 Mar 18 @ StB  
 Mar 25, Apr 1, 8 @ Asc

**Area Reconciliation Services**

Catholic Church	Location	Date	Time
St. John the Baptist	Excelsior	Mar-26	8:30 am to 4:30 pm
St. Victoria	Victoria	Mar-29	6:30 PM
<b>St. Bernard &amp; Ascension</b>	<b>Ascension</b>	<b>Mar-30</b>	<b>6:30 pm to 8:00 pm</b>
Sts Joachim & Anne St. Mark	Shakopee	Mar-30	8:00 am to 8:00 pm
Guardian Angels	Chaska	Apr-03	3:00 pm to 4:00 pm
St. Mary	Waverly	Apr-04	7:00 PM
Holy Name of Jesus	Wayzata	Apr-07	7:00 pm to 8:00 pm
St. Joseph	Waconia	Apr-10	4:00 PM

**CHRIST RENEWS HIS PARISH**

Do you wonder if you could be happier, healthier, more fulfilled and have more passion for your faith? Take time out of your busy life and join us for a Christ Renews weekend retreat. Men's Retreat: March 19-20. Women's Retreat: March 26—27. Sign-up online at <https://stjosephwacoia.org/programs/adult-formation/crhp-retreats/>



**LOST AND FOUND**

The parable of the father and his sons is one of the most familiar of all of Jesus' stories. The father in the parable is lavish in forgiveness and revels in the return of his young son, who was lost and now is found. The older son is also lost—lost in his refusal to forgive, lost in his failure to grasp his father's generous spirit. The Israelites spent many years lost in the desert, seeking the land of milk and honey, yet often failing to seek the God who delivered and fed them. We are sometimes lost as well. We lose sight of the Lord and the Lord's ways. God never loses sight of us, however. God waits, ready for us to come to our senses, ready to welcome us back with open arms. *Copyright (c) J. S. Paluch Co., Inc.*

**Spiritual Resources!** **TV:** \*\*Diocese of St. Cloud: Sun., 11 AM. on KSTCTV/45; \*\*Diocese of Winona-Rochester: Sun., 11:30 AM. on Fox 9+; \*\*Our Lady of Grace, Edina: Sun., Noon on Fox 9+ (Dish/Direct 29, Comcast 10/807; Over Air 9.2); \*\*EWTN: 7:00 AM, 11:00 AM, 6:00 PM. **Radio:** \*\*Relevant Radio 1330am: Weekdays and Sun. at noon, and at 9 a.m. \*\*EWTN: ewtn.com/radio/listen-live

**Please pray the Rosary daily for our nation, our world, an end to Abortion and an end to the Coronavirus.** The following is a list of a few TV and Radio stations that air the Rosary.

**TV:** \*\*EWTN: 6:30am, After the TV Mass at Approximately 8:00am.; 2:30pm.; 8:30pm.; \*\*Catholic TV Network: 2:00 am; 9:00am; 5:30pm Nuvera Nu Tel Cable TV Ch. 21;  
**Radio:** \*\*Relevant Radio 1330am: 7:00pm. "Family Rosary across America"

## Mass Ministry Schedule -March 26-27, 2022

Mass Ministry	Ascension Sat. 5:00pm	Ascension Sun. 8:00am	St. Bernard Sun. 10:00am
Sacristan	Sherry Witte	Cheryl Coyle	Doris Mielke
Servers	Paul Prososki	Jack Lano	Dan Worm
Reader	Cathleen Williams	Jean Schmitz	Julie Kleindl
EMHC	Benda Seifert	Kathy Kloempken	Meghan Stusynski
Ushers	Gary Widmer & Tom Lano	Steve Coyle & Justin Buckentin	Vern Elke & Andy Kleindl
Greeters	Sue Schultz	Pat Johnson	Sarah Foley & Brian Vos
Homebound Ministers	N/A	Grp A: Steve Lemmer & Curt Wilson Grp B: Rich & Sue Tellers	N/A

### Mass Times/Intentions

Day	Date	Time	Intention
Monday	Mar. 21	No Mass	
Tuesday	Mar. 22	6:15 pm	Ascension Mass of Reparation
Wednesday	Mar. 23	8:00 am	St. Bernard Souls in Purgatory
Thursday	Mar. 24	8:00 am	St. Bernard Hilbert & Euella Knauer ††
Friday	Mar. 25	8:00 am	Ascension For the Unborn
Saturday	Mar. 26	5:00 pm	Ascension Patricia Prchal †
Sunday	Mar. 26	8:00 am	Ascension All Parishioners
Sunday	Mar. 27	10:00 am	St. Bernard Marcy Wickenhauser †



**Eucharistic Adoration**  
**Ascension**  
Every Tuesday  
3:00 pm until 6:00 pm  
**St. Bernard**  
Every Wednesday  
2:00 until 7:00 pm

### SACRAMENTS

**Baptisms:** By appointment.

#### Marriage Arrangements

The couple should contact the priest as soon as they become engaged. They must meet with the priest twice before setting a marriage date. These two meetings need to be completed 6 months before the proposed date.

#### Sacrament of Reconciliation

Ascension: Tues. 5:45pm - 6:05pm

St. Bernard: Wed: 7:30am-7:50am

Saturday: 4:30pm—4:50pm

at parish hosting the Mass

By appointment with Father- Call 952-856-1050

#### Communion for Homebound

Ascension - Sue Tellers.....612-247-6881

St. Bernard - Barb Knorr.....952-466-2447

#### Anointing of the Sick

Call the parish office at any time.

### SCRIPTURE READINGS Mar 21-27, 2022

**Monday:** 2 Kgs 5:1-15ab; Ps 42:2-3,; 43:3-4; Lk 4:24-30 **Tuesday:** Dn 3:25, 347-43; Ps 25:4-9; Mt 18:21-35 **Wednesday:** Dt 4:1, 5-9; Ps 147:12-13,15-16,19-20; Mt 5:17-19 **Thursday:** Jer 7:23-28; Ps 95:1-2,6-9; Lk 11:14-23 **Friday:** Is 7:10-14; 8-10; Ps 40:7-11; Heb 10:4-10; Lk 1:26-38 **Saturday:** Hos 6:16; Ps 51:3-4, 18-21; Lk 18:9-14 **Sunday:** Jos 5:9a, 10-12 or 1 Sm 16:1b, 6-7, 10-13a; Ps 34:2-7 or 23:1-6 2 Cor 5:17-21 or Eph 5:8-14; Lk 15:1-3, 11-32 or Jn 9:1-41

### Bulletin copy is due by Thursdays @ NOON

**for the bulletin two weekends out;**  
**St. Bernard** copy must be emailed to:

bulletin@st-bernard-cologne.org  
and pquinn55322@hotmail.com

**Ascension** copy must be emailed to:

busadmin@ascensionnya.org

**All inserts and weekend Mass announcements** can be emailed or a paper copy brought to the Parish office at St. Bernard or Ascension.

### St. Bernard Stewardship of Treasure

January Budget for week	3,649.58
<b>Contributions 03-01 through 3-08-2022</b>	<b>2,311.92</b>
Total Actual Collection YTD	129,539.18
<b>Total Actual Collection Over (Under) Budget</b>	<b>6,032.37</b>

#### Forward in Faith

Envelope Income	230.00
Electronic Donations	265.50
<b>Forward in Faith Total</b>	<b>495.50</b>
<b>Forward in Faith YTD</b>	<b>57,964.14</b>

**Did you know** you can have your contributions automatically deducted from your checking or savings account?  
For more information call the parish office 952-466-2031, or visit [www.st-bernard-cologne.org](http://www.st-bernard-cologne.org)

### Ascension Weekly Collection Report

Totals as of 3/06/2022

<b>Weekly Operating Budget:</b>	\$ 2,788.47
<b>Weekly Envelopes/Plate:</b>	1,492.00
<b>Weekly E-Giving:</b>	350.00
<b>Collections Budget YTD:</b>	100,384.92
<b>Actual Collection YTD:</b>	108,640.16
<b>Total Collected Over (Under) YTD:</b>	8,255.24

<b>Capital Improvement Offering:</b>	170.00
<b>Capital Improvement-E-Giving:</b>	45.00
<b>Capital Improvement YTD:</b>	7,975.00

Sign up for electronic giving at [ascensionnya.org](http://ascensionnya.org)  
Under Links -> E-giving. Or call the parish office for more Information: 952-467-3351.